



The Hong Kong Jockey Club Charities Trust



賽馬會
Jockey Club
智家樂計劃
SMART Family-Link Project



香港浸會大學
HONG KONG BAPTIST UNIVERSITY
文學及社會科學院
FACULTY OF ARTS AND SOCIAL SCIENCES



香港基督教服務處
HONG KONG CHRISTIAN SERVICE
全人關心 卓越創新
care for all excel in all



Evidence-based Integration of ICT Elements and the Circle of Security Parenting Model in Family Service for Children Aged 0-6

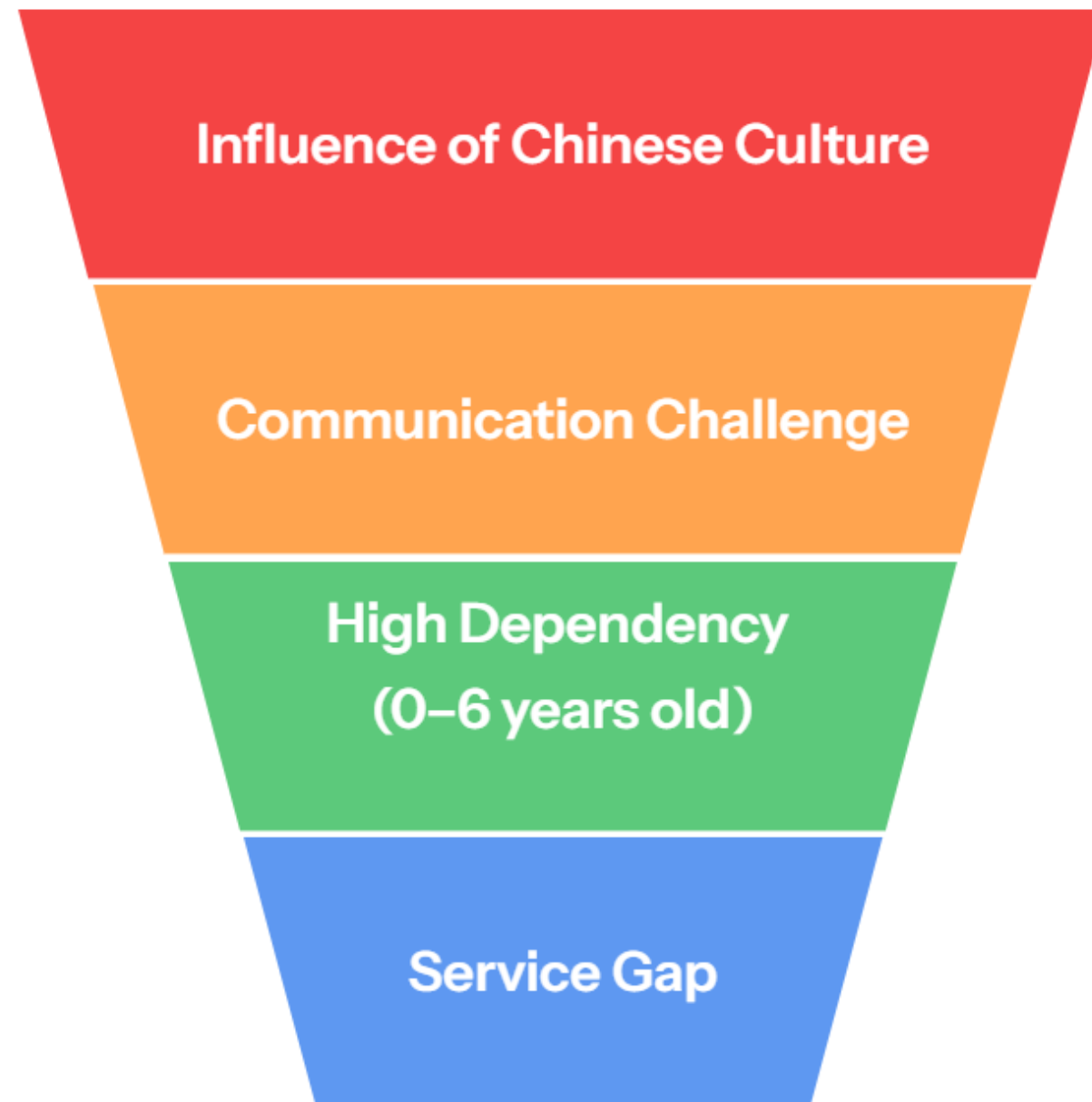
A Localized Hong Kong Approach

Ms. Hung Suet Ying, Social Worker
Hong Kong Christian Service

Overview

- We SEE the NEED
- We STRIVE to DEVELOP
- Information of our Project
- A localized Approach with ICT Integration
- Research Findings

We SEE the NEED



Influence of Chinese Culture



Academic Success

Emphasis on educational achievements over emotional development in children



Authoritarian Tendencies

Traditional parenting approaches that prioritize obedience and discipline



Emotional Attunement

Less focus on emotional connection and open expression within the family





Communication Challenge

Parents' struggle to respond to
babies and toddlers

due to **Limited Verbal Cues,**
Child's Immature Emotion Regulation



High Dependency (0–6 years old)

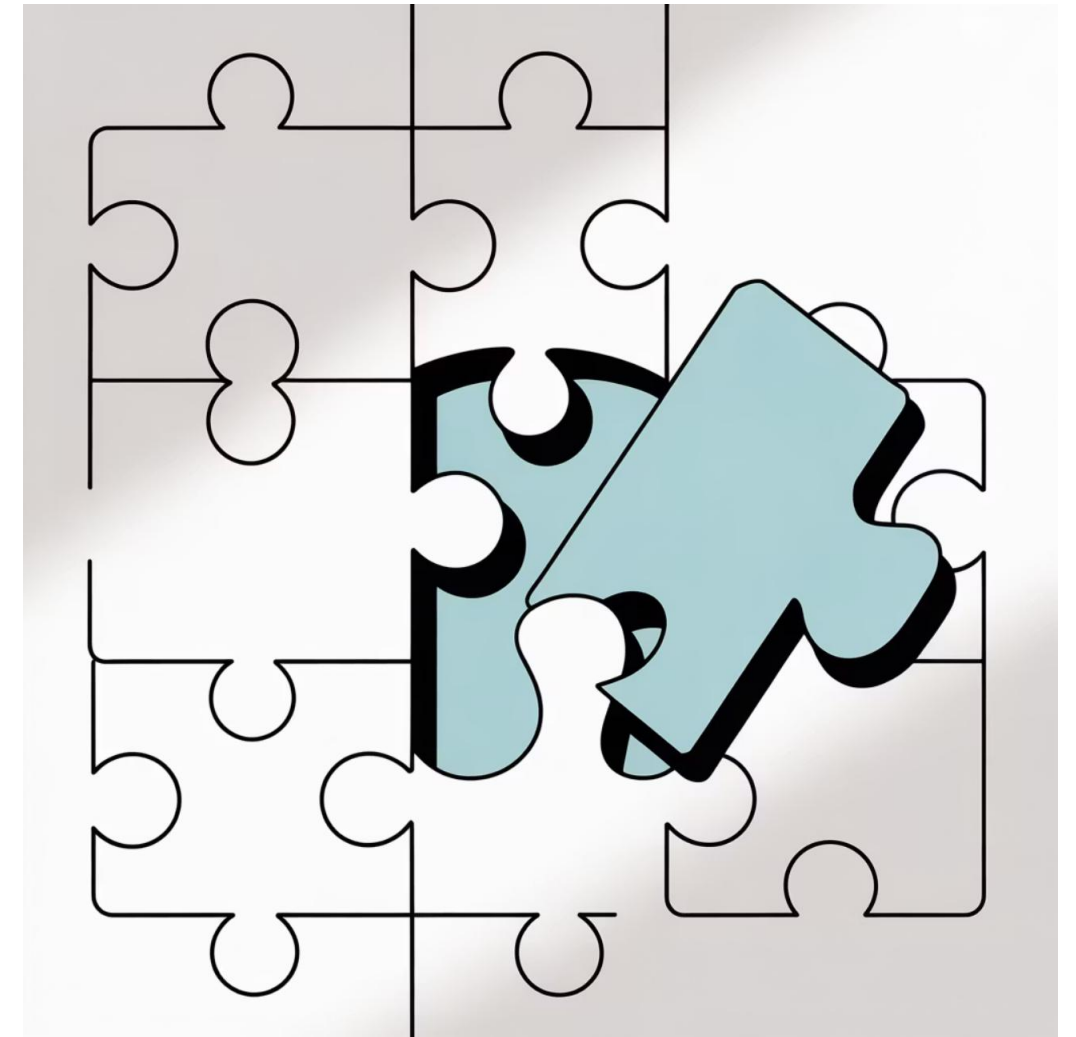
Intensive Child Care Demand

LIMIT caregiver's MOBILITY to join
parenting program

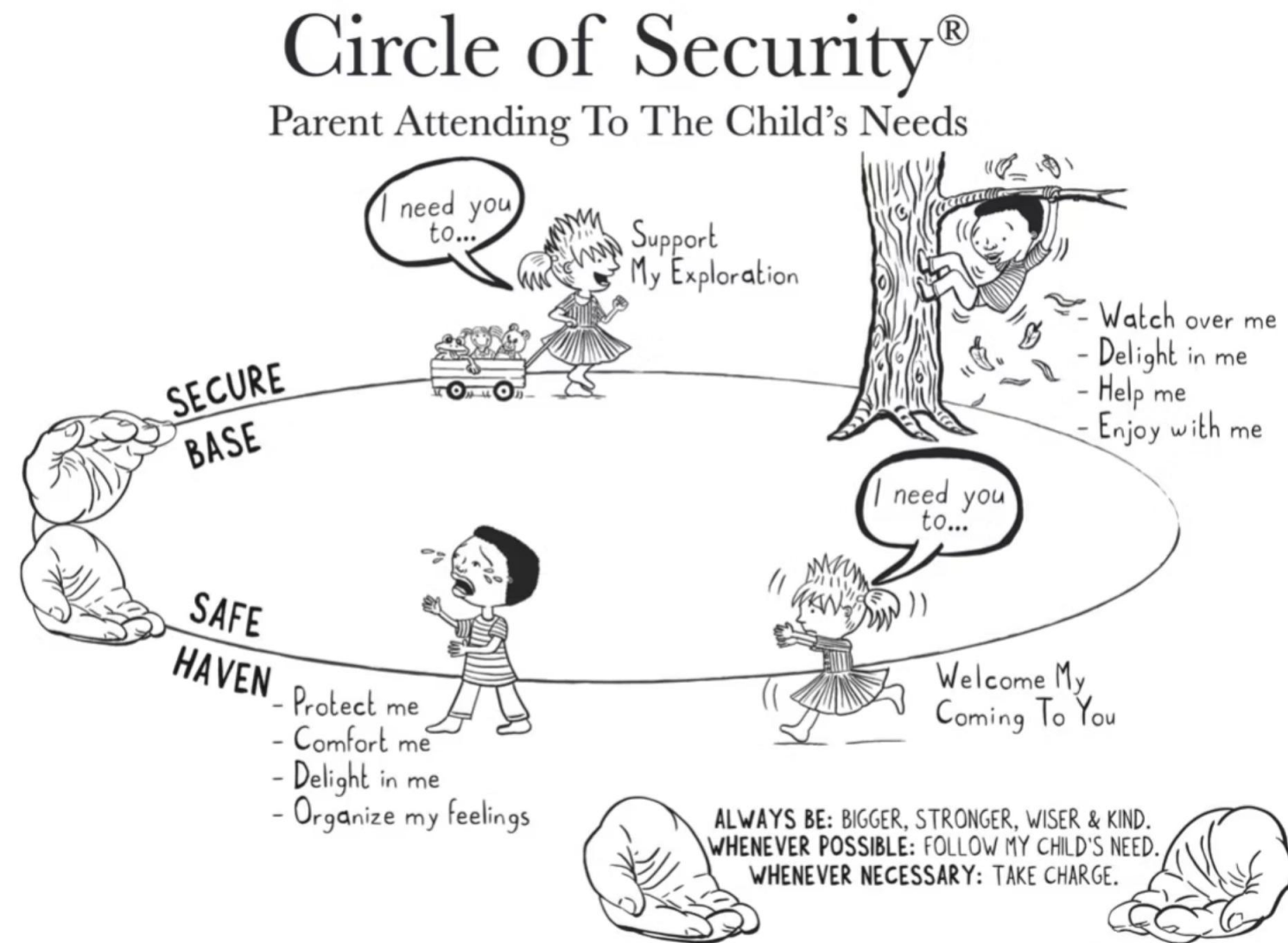


Service Gap: Families with Children aged 0-6 years old

- Especially significant for **children aged 0-3 years old**
- Local Prenatal and Postnatal Services:
 - ✓ **Physical Health**
 - × **Parent-child Attachment**
- **Practical Skills VS Reflection of Parenting Beliefs**



We STRIVE to DEVELOP



Source: Circle of Security International

Goals of Our Project



Attachment Development



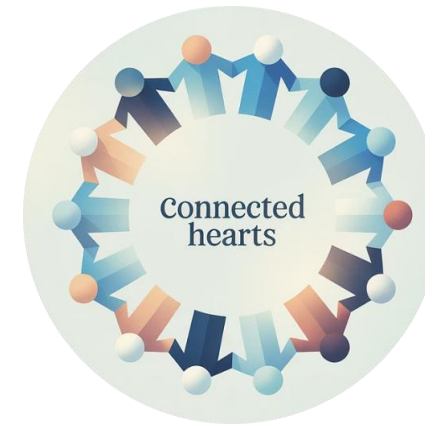
Parent-Child Bonding



Early Intervention



Practical Strategies



Mutual Support

Information of Our Project



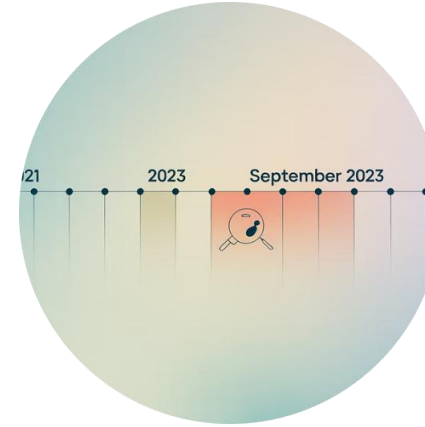
Target Audience

Families with children
aged 0-6 years old



Blended Service Mode

Groupwork Service:
8-session x 2-hour



Project Duration

2021 – present

Research Study Phase

January 2023

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July 2024

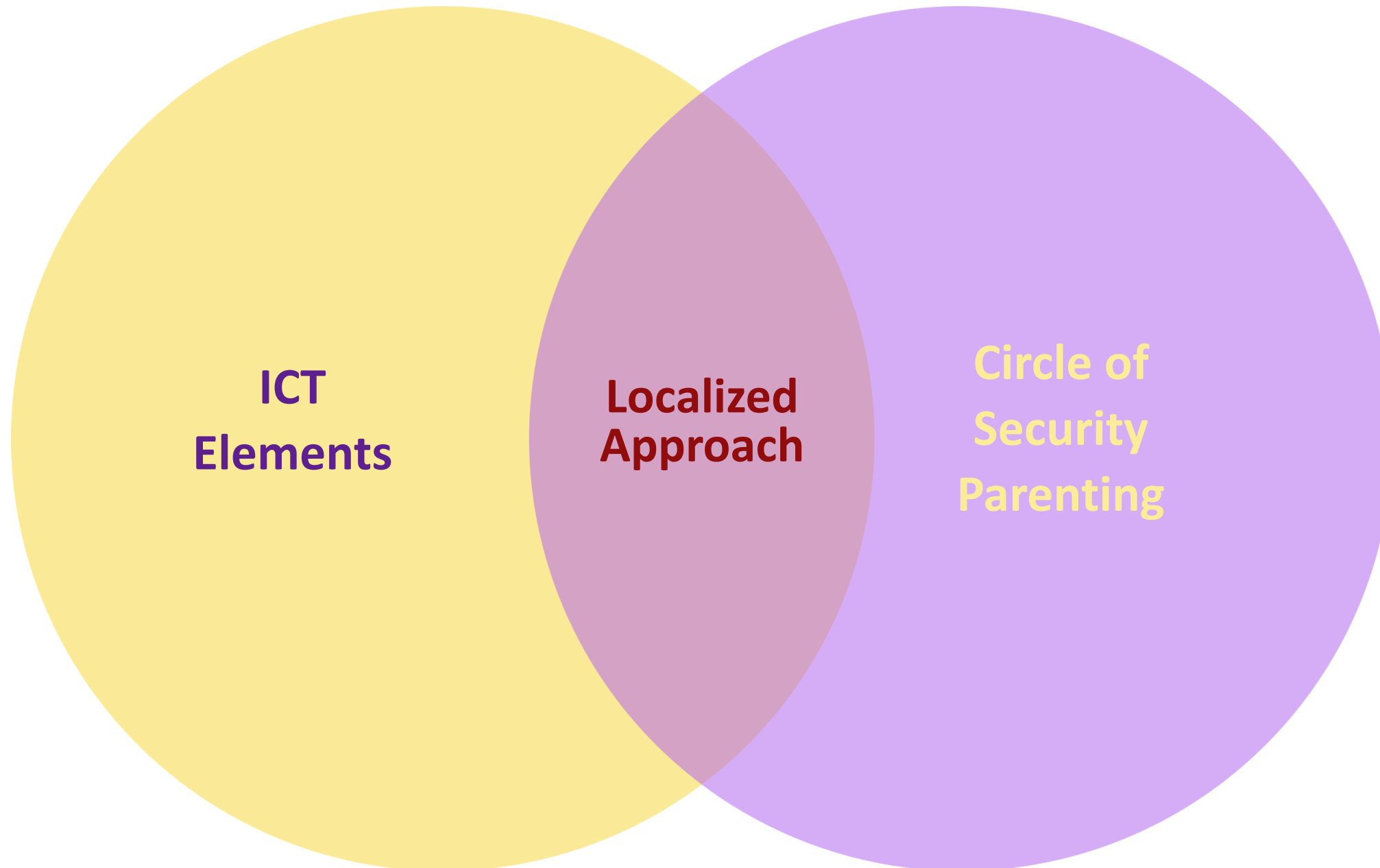


Serving Units

- 2 Integrated Family Service Centres (IFSC)
Sham Shui Po district
Yau Tsim Mong district
- KeySteps@JC
- Jockey Club Baby Blossom Project

A Localized Hong Kong Approach

Family Service for Children Aged 0-6 years old



Use of iPads for Video Viewing



Primary Device

iPads serve as the primary device for watching COSP videos



Interactive Viewing

Pause, replay and analyze short video clips



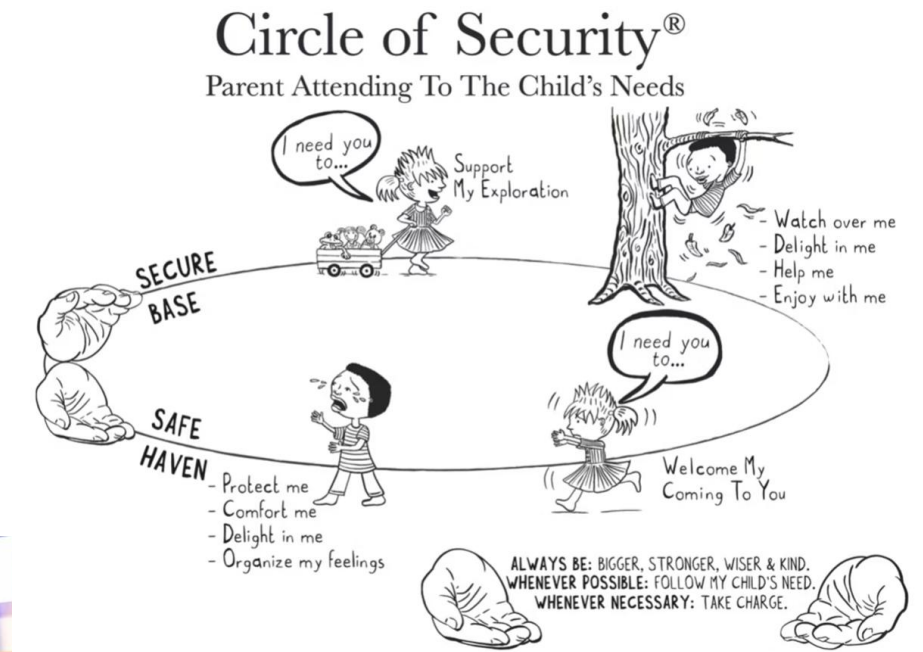
Microexpression Study

- Subtle facial cues
- Microexpressions



Setup of a Child-Friendly Room

Enhancement of
Mobility with iPad
Support



Value-
added
Service

Live demonstration of parent-child interactions

- Exploration and reunion
- Showcasing strategies to build a sense of security

Breastfeeding Room with ICT Support

iPads provided for mothers to
access content during
sessions





Make-up Class

Seamless Learning, Wherever You Are

Zoom Sessions Ensure Continuous
Support through Illness & Pandemics

數碼服務新點子 · 幸福家庭齊共建

賽馬會智家樂計劃

混合服務模式
實證研究及成果分享

安全圈育養課程
(Circle of Security-Parenting)



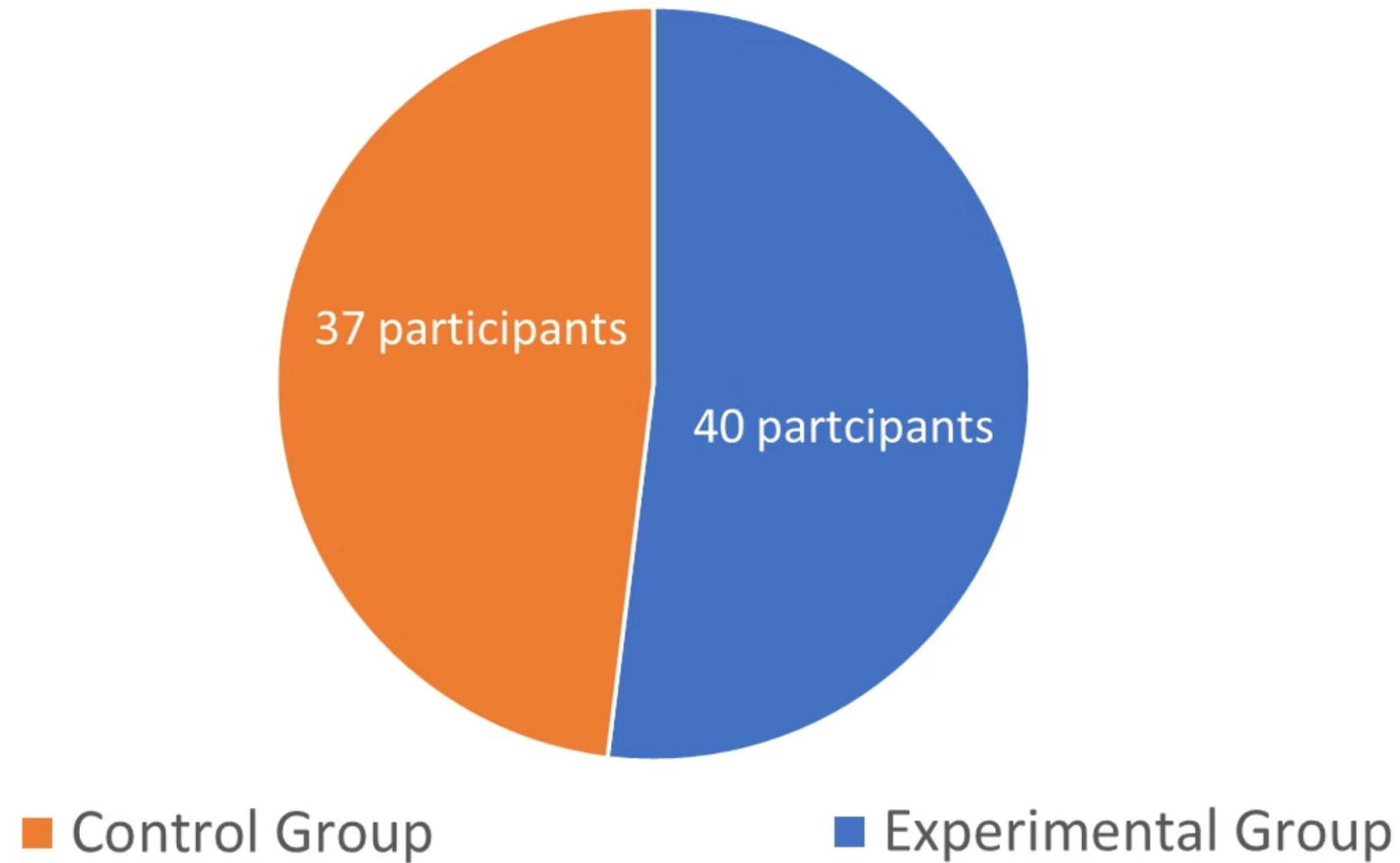
合作院校

合作夥伴

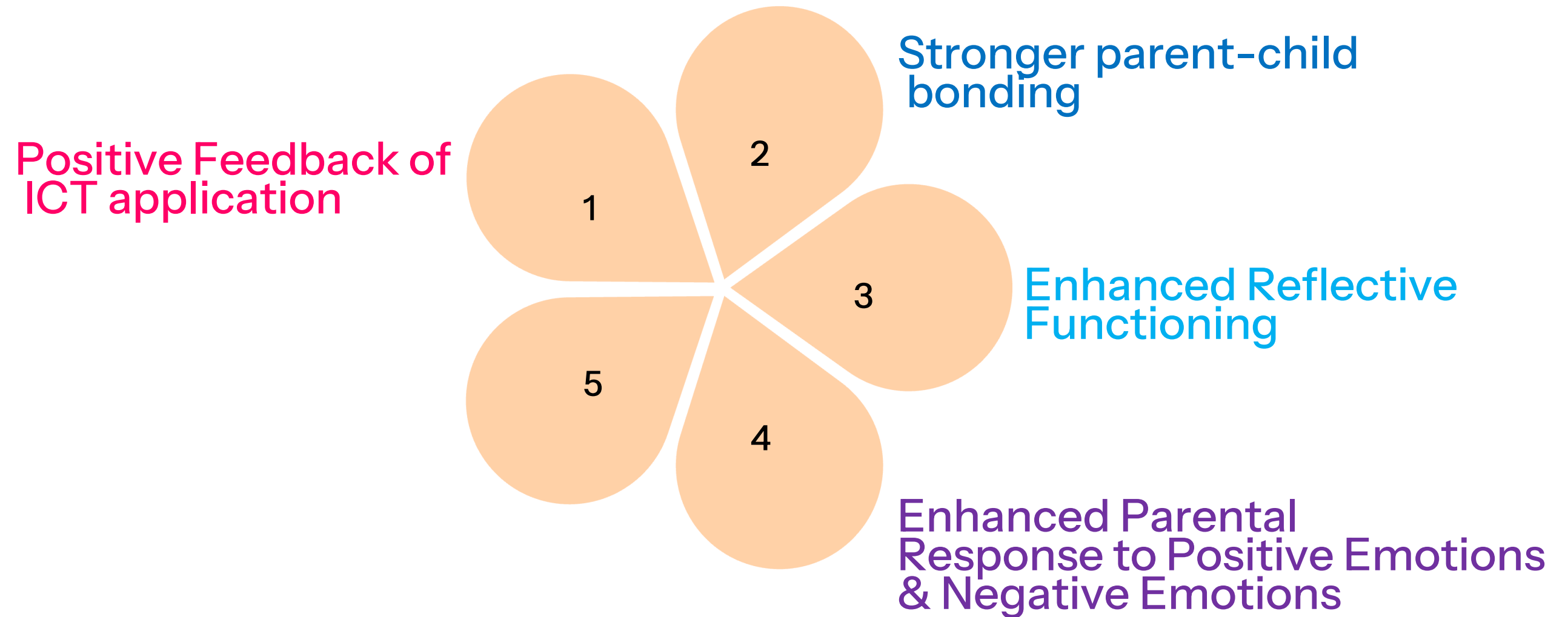
Research Findings

Research Sample

Participants with Children aged 0-6 years old



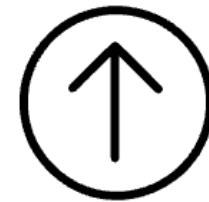
Research Highlights



YOU LOOK
EXCITED!



Parental Response to Positive Emotions



Expressive Encouragement

Explored how parents cope with **children's positive emotions**—

An understudied area with cultural relevance in East Asia, where such expressions are often discouraged

Parental Response to Negative Emotions



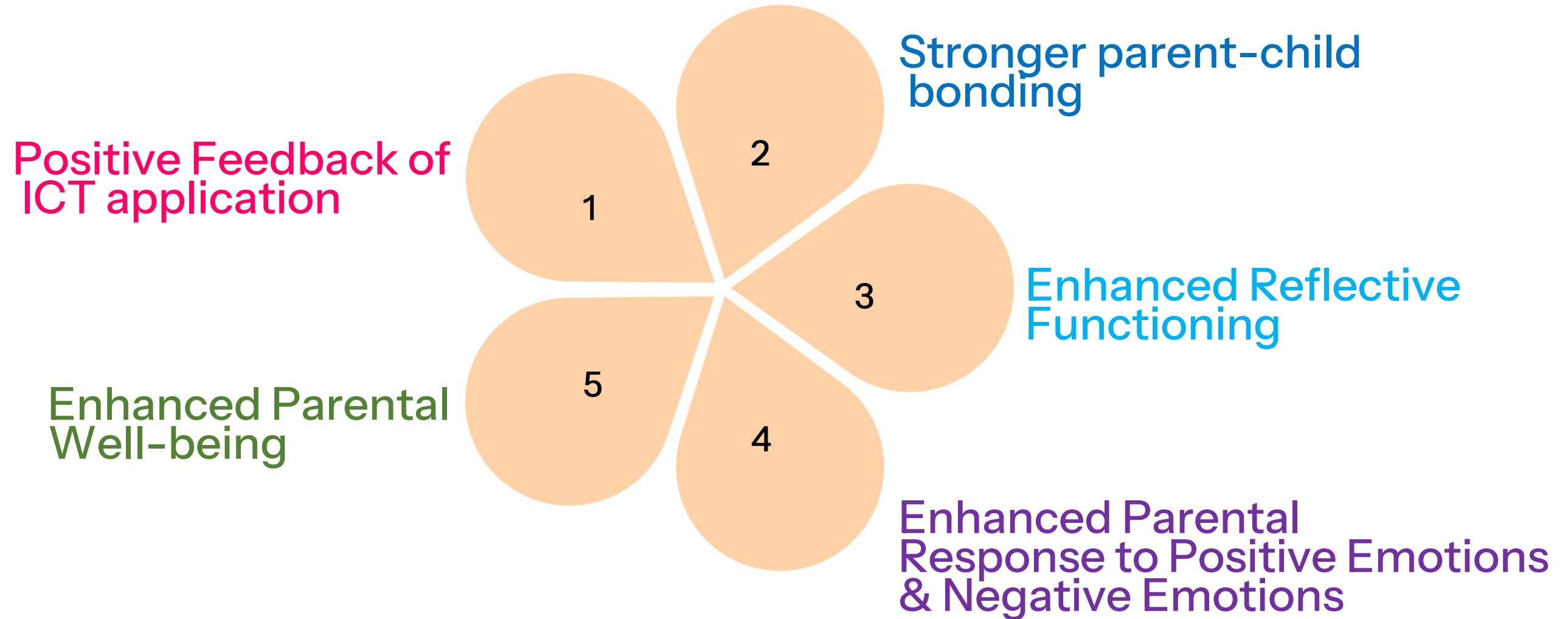
Punitive, Stress & Minimization Reactions



Expressive Encouragement



Research Highlights



Special Thanks:



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DEPARTMENT OF SOCIAL WORK

